

HOLIDAY CAMPSTAFF

Macalester College

Matt Parrington, Head Coach: Director

Mat O'Brien, Asst. Coach

Scott Coolong, Asst. Coach

John Peterson, Asst. Coach

Mike Merrill, Asst. Coach

Marc Rodwogin, Asst. Coach

Paul Odegaard, Asst. Coach

**MACALESTER
COLLEGE
2009 Holiday
Baseball Camp**

**DECEMBER 27-28
(Grades 1-12)**



Current and former Macalester College baseball players will round out the camp staff.

An Excellent Holiday Gift!



**MACALESTER BASEBALL OFFICE
1600 GRAND AVENUE
ST. PAUL, MN 55105**

***Please return application
with payment to address
above.**

CAMP SCHEDULE

Dates: December 27-28

Location: Macalester College Leonard Center
Snelling Ave. and Fairmont, St. Paul

Coaching Ratio: 1 coach for every 8 campers

Youth Group: Grades 1-7

Times: 9:00-11:30 both days

Check-in: 8:40 a.m. Sunday, December 27

High School Group: Grades 8-12

Times: 12:30-3:00 both days

Check-in: 12:10 p.m. Sunday, December 27

Tuition:

- \$79 per camper, pre-registered prior to December 20.
- \$89 per camper, registered after December 20 or day of camp.

Campers will participate in their own age groups throughout the camp.

Equipment Needed: Tennis shoes must be worn in the facility. Players will need their own gloves and any protective equipment desired. Players are encouraged to bring their own bats. Batting helmets and all protective screens will be provided. Please have all equipment clearly marked (with your name) prior to coming to camp.

For applications, additional information or questions please contact Matt Parrington at 651-696-6770.

•We will be hosting a Baseball Spring Training Camp for four Sundays in February and March. The Spring Training Camp received rave reviews last year. Call for more information.

HIGH SCHOOL GROUP

The High School Camp is available to individuals grades 8 to 12. This is a comprehensive camp. The format of this camp has been developed to provide detailed instruction on the offensive and defensive fundamentals of the game. This camp will give players exposure to college-level coaching and evaluation.

YOUTH GROUP

The Youth Camp is available to players from grades 1-7. Individual instruction on the fundamentals and techniques of throwing, hitting, bunting, fielding, base running and baseball strategy will be covered in this two day camp. The format will include lectures, demonstrations and a wide variety of individual practice drills and techniques.

GOAL OF THE CAMP

Our aim is to combine the knowledge of the coaching staff with the enthusiasm and abilities of our campers while providing players with a positive environment in which to learn and improve baseball skills and techniques.

All players will receive 5 hours of individual and group instruction during this camp. This camp provides an opportunity for players to enhance and refine skills during the winter months.

ABOUT THE FACILITIES

Macalester College Fieldhouse is one of the finest baseball training facilities in the area. The spacious new \$45 million Leonard Center opened for operation in August '08. The Fieldhouse at the Leonard Center features two batting cages and enough space to run a full infield.

•Enrollment limited--Sign up now!

MACALESTER HOLIDAY CAMP APPLICATION

Make checks payable to: Holiday Baseball Camp

Name: _____ Youth Group (Grades 1-7) High School Group (Grades 8-12)

Street Address: _____

City: _____ State: _____ Zip: _____ Fee is \$79 per camper pre-registration (\$10 late fee after December 20)

Home Phone: _____ Age: _____ Grade in School: _____

Parent's Release and Indemnity Agreement
To Holiday Baseball Camp: I/We hereby request that you accept the application for enrollment of _____ in the Macalester Baseball Camp during the dates set forth in this application and in consideration of your acceptance of the application. I/We hereby release Macalester College, Macalester Baseball Camp, it's directors and employees from all claims on account of any injuries which may be sustained by my son/daughter while attending the Macalester Baseball Camp; and I/We agree to indemnify Macalester College and the Macalester Baseball Camp and it's directors and employees for each claim which may hereafter be presented by my son/daughter as a result of such injuries. I/We also certify that my son/daughter is medically fit to participate in your program and grant permission for medical attention if needed during camp activities.

Parent/Guardian Signature: _____ Medical Insurance Co. _____